

Sponsored Bike Ride in aid of Beaumont House Community Hospice Sunday, 8th August 10am start

Kindly sponsored by



Registration Form

Name _____

Address _____

Postcode _____

Phone Number _____ Email Address _____

Shirt size: **S** **M** **L** Beaumont House may from time to time send you news & info by email. Please tick the box if you DO NOT wish to be contacted in this way.

Age on day of the event _____ Date of Birth (if under 18) _____

Emergency Contact _____ Emergency contact number _____

The bike ride is from Beaumont House Community Hospice to Bottesford. The total distance is approximately 30 miles and takes mostly "B" roads. (See map on the reverse) We anticipate the bike ride to last a total of 4 hours with a half hour break in Bottesford village.

The bike ride will be taken at a leisurely pace and is suitable for bike riders of all abilities and ages. There will be a lead rider to set the pace and lead the way. There will be a rider at the back to ensure the group stays together along with a cycle mechanic for any difficulties.

Please read the following terms and conditions carefully:

- You must be physically fit to participate in the 30 mile bike ride
- Beaumont House, the organisers, volunteers or sponsors are not responsible for any injury or illness caused by your participation in the bike ride during or after the event
- You must obey all traffic laws and ride safely with consideration to other road users
- Children over the age of 12 can participate but MUST be accompanied by an adult
- Cycle helmets MUST be worn at all times when on the bike
- Your bike must be in a safe and road worthy condition
- You must wear appropriate footwear and clothing
- This is a sponsored event and all monies raised will be donated to Beaumont House Community Hospice

I agree to the above terms and conditions (signature of parent or guardian if under 18)

Signature: _____

Date: _____

There is a £5 registration fee

Please return this completed form with registration fee of £5 (payable by Cheque or Cash) to:

Beaumont House Community Hospice
32 London Road, Newark. Nottinghamshire. NG24 1TW
tel: 01636 610 556. email: fundraising@beaumonthouse.co.uk



