

Beaumont House News



News and events from in and around Beaumont House Community Hospice

November 2009



Joy retires after 22 years at Beaumont House

A director of Beaumont House Community Hospice who has been involved with the project from the start has retired. Mrs Joy Mills was a director for 11 years.

Beaumont House has been a large part of her life since her late husband, Mr Maurice Cable, who was one of the hospice founders, became chairman of the original steering group in 1987. Mr Cable and Dr Peter Jones, had a dream of providing a hospice in Newark for the people of the town and district.

Mrs Mills worked with them and the rest of the committee to raise money for the hospice, which opened in 1992.

She said: "The ethos was for the hospice to be a home from home and we have always kept to that.

"We are looking forward to expanding the services of Beaumont House. We are providing more and more help in the community, which is what we have always wanted to do.

"The hospice has gone from strength to strength and it is because of the generosity of the people of Newark that we have been able to do that. It has been a privilege and a pleasure to be involved. The hospice has been a very important part of my life."

RECORD TURNOUT FOR Beaumont House Sleepwalk

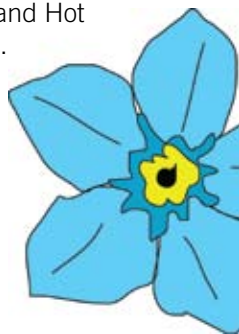


The second annual Forget me Not Sleepwalk took place at the Newark Showground on the 10th of October as part of World Hospice and Palliative Care Day. Over 400 participants walked the one mile course in their pyjamas under torch light. Led by the 1st Balderton Scout & Guide Marching band, Daisy & Dan of the Newark Advertiser and supported by the Blue Sapphires Cheerleading Squad.

Attractions on the evening included Balloon modellers, Stilt Walkers, Face Painters, demonstrations from the Castle Grove Gymnasts' Club & Newark Radio Controlled Car Club, a colouring competition supported by the Newark Advertiser and a minifairground. Participants were rewarded

with a Sleepwalk Certificate, a cake from Laurens Patisseries and Hot Chocolate from Starbucks.

We would like to thank all of our Sponsors and Supporters of the event including the Newark Lions for marshalling the course and St John Ambulance for being in attendance. We encourage you to participate in the next Forget Me Not Sleepwalk on October 9th 2010.



NEWS FROM THE TOP

This year has been a very encouraging one for all at Beaumont House. Alongside the core services we have been busy developing our community care service – we predict a four-fold increase in our Community Care Services during 2009/2010. As ever we continue to need extra help and support to sustain the service we provide.

Many people believe that the work of Beaumont House is centered at 32 London Road, when you read the articles later in this newsletter we hope that we demonstrate that your local community hospice is more than just a building. What

we provide is a way of caring for people with life limiting or long term conditions in many different settings.

Hospice care aims to improve the lives of people whose illness may not be curable. It helps people to live as actively as possible after diagnosis to the end of their lives, however long that may be. This care may be provided at Beaumont House or, as people increasingly prefer, in their own home. At your Hospice we place a very high value on individual choice and endeavour to provide what each patient and their family's needs – it really does come down to what each person wants and what is right for them.

You will see on many of our pieces of literature the term 'supportive palliative care', recent research has

indicated that many people do not understand the term – Palliative care. In a nutshell palliative care is the name for the type of care provided by Beaumont House. It is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness.

We not only take care of people's physical needs, we consider their emotional, spiritual and social needs. As part of this we support families and friends, both during the illness and in bereavement.

I hope you find this newsletter interesting and feel it not only gives you up-to date information about the life of Beaumont House but also demonstrates how people have helped us raise money and, who knows, you may be

inspired to participate in a challenge or event.

If you are not sure what to do, please contact us as we have lots of ideas. The work we do at the Hospice is very special and we are the only service of this type in Newark and the surrounding area, it is therefore essential we are funded in a way that will assure our sustainability for the future.

Do you have a friend who doesn't know about us? When you have read this Newsletter pass it on to them and they may be able to help us.

Finally thank you all so much for all you do for your Hospice to help us keep it here.



Patrick Fisher
Managing Director

Care in the Community

Beaumont House has for many years provided care for people in their own homes.

Since April this year it has been my role to set up, develop and deliver Community Care to people with life threatening or long term progressive illnesses on a regular basis. This includes physical, social and emotional support, which helps to enable people to remain in the comfort and familiar surroundings of their own home. We have three care assistants who work during the day and night. This is to some extent a flexible service, and we try to accommodate particular requests for care if it is outside contracted hours.

Each person has an assessment visit, when their care requirements are discussed. This is when we can talk about how our service could benefit the person and their family and explain the 'ethos' of Beaumont House.

The Care we provide

The aim of Beaumont House Community Care is to compliment other services that are being received in the home. We often work in conjunction with other



health care professionals and agencies. The District Nurse is the coordinator of these services which may include the GP, Macmillan/Specialist Nurse, Hospice at Home, Therapists (Occupational/Physiotherapist), Social Service/Agency carers, Voluntary/Charitable Organisations (Marie Curie, Crossroads) and family and friends.

The amount of time spent caring for someone in their home varies according to need. Some visits are once a week, offering time for the main carer to go out to shop or run errands, and other visits are several times a week providing personal care and family support.

Referrals to the Beaumont House Community Care Service?

We take referrals from anyone. Most of our referrals come from Health and Social Care colleagues but sometimes someone walks through the door and asks us for help and support directly.

The Future

My aim is for the service to develop and expand. For many years I have been involved with Beaumont House, formerly as a District Nurse and more recently employed as Care Services Development Manager. It is my intention to continue

to spread the high standards of care and support offered to patients 'in House', to those wanting to be cared for in their own homes.

We run a rolling recruitment process for bank staff. Applicants need to have previous experience in a care setting, the ability to operate independently as well as part of a team and NVQ qualifications are desirable but not essential. So if you think you have got the skills needed to compliment our growing team please contact Charlotte Coggins, HR Manager charlotte.coggins@beaumonthouse.co.uk or 01636 610556.



Louise Sinclair
Care Services
Development Manager

Parcel Force

A group of patients who receive care at Beaumont House Community Hospice, Newark, have made parcels for soldiers serving on the front line in Afghanistan.

The patients were inspired to send the parcels after visits from members of the Newark branch of the Royal British Legion. A member of the branch welfare team, Mr John Stephenson, visits the hospice every week. He regularly sent parcels and letters to soldiers in the county battalion, 2nd Battalion (Worcesters and Foresters) the Mercian Regiment, during their tour in Afghanistan, which ended last month.

When the women at the hospice heard what Mr Stephenson was doing they wanted to send parcels as well. Mr Stephenson said he was very moved when he heard that some of those being cared for at the hospice wanted to support the soldiers in Afghanistan.

"It means everything for the soldiers. It shows that people back home are thinking about them and supporting them." said Mr Stephenson who has received letters of thanks. Lieutenant-colonel Banton wrote: "I very much look forward to receiving your parcels; they are really important to the well-being and support of my soldiers."

So far 11 parcels have been sent to Helmand Province, by Mr Stephenson on behalf of the Beaumont House patients.



Donate without donating with easyfundraising.org.uk

Raise funds for Beaumont House Community Hospice when you shop online. Easyfundraising is a shopping directory listing some of your favourite online stores, including Argos, Next, Amazon, Debenhams, John Lewis, Toys R Us, HMV and over 600 other top name stores. Whenever you shop with any one of them using the links provided on the easyfundraising site, you'll generate a free donation for us of up to 15% of the purchase price every time! It really is that simple!

It's completely FREE to register and you won't pay a penny more for your shopping when you use the easyfundraising site. In fact you can even SAVE MONEY as many retailers give discounts, special offers and even 'e-vouchers' exclusive to easyfundraising.

You can shop for holidays, flights, electronics, mobile phones, computing equipment, food, wine, pet supplies, finance, insurance and much more - and every purchase you make will raise funds for us at absolutely no cost to you!



All you need to do is register for free at www.easyfundraising.org.uk/bhch and use easyfundraising every time you shop online.

Thanks to our fundraisers

Beaumont House requires over £600,000 every year to provide our services and support to patients and their carers. The NHS only provide 30% with the rest kindly generated by the community and businesses of Newark & District. We thank the following for their dedication, support and contribution to Beaumont House:

- Tuesday Quilters**
Patchwork Exhibition
- Jo & Becky Dobb**
Bardance
- Tracey Ferguson and team**
Completing a 4 mile sponsored walk
- Molly Sykes & Sheila Drummond**
Magical Cheese & Wine Evening
- Caunton Lawn Tennis Club**
Spring Tournament
- Lime Tree Design**
Tea in the Garden
- Charles Brightmore & team**
Completing the Ben Nevis Challenge
- Muskham Ferry Quiz Night**
- Newark Football Alliance**
Charity Football Match
- Newark & District Piscatorial Federation**
Fishing Match
- Grange Hotel** holding Open Garden Events as part of a nationwide event
- Steve & Glenis Willis** Fishing Match
- David Baker**
Completing the London Marathon
- Newark Golf Club** Seniors section team
- Christian Brierley** completing the Windsor Half Marathon

Due to lack of space, we are unable to publicly thank everyone within this newsletter but your contribution is invaluable to us.

If you would like to organise an event or challenge, please call the fundraising office on 01636 610 556 or you can download a fundraising pack from www.beaumonthouse.co.uk

DELLA'S RIVER TRENT KAYAK CHALLENGE

Della embarks on a gruelling 165 mile canoeing trip raising £6000 for Beaumont House

This challenge was far from anything I have ever done or experienced in my life. Taking into account my previous fund raising roles were parachuting, bungee jumping, cycle rides, long swims and marathons.

This challenge was very special because I am a Newark lad born and bred and the River Trent means so much, not just me, but a lot of people in and around Newark in some way or another, may it be for good reasons or bad. Bad being that in the past I had friends who lost their lives in the Trent and my thoughts go with them and their families now and always. The good being, the fishing down on the banks with friends and colleagues over the years, also working on the locks and just enjoying the scenery along the riverside.

The reason I continually raise funds for Beaumont House is my strong feelings towards

helping other people less fortunate than myself. In the past I have had many close friends that have had great support from Beaumont House. With living in Newark I can

honestly say that most people know someone who has had support from Beaumont House in one way or another. The staff in the house, from cleaners through to the directors are wonderful caring people.

The first time I ever sat in a kayak was on Sunday 29th March this year and even then I could never have imagined the amount of training and hard work that lay ahead. Prior to the challenge I needed to obtain my 1st and 2nd star in kayaking via the British

Canoeing Union and have a strict training regime on the water.



Della's Diary

day 1 Began the challenge on the 3rd anniversary of my mum's death. Paddled 37 miles in bad weather to reach Alrewas.
day 2 Left Alrewas in the pouring rain and paddled to Shardlow covering 30 miles.
day 3 I passed through Sawley, Beeston, Nottingham, Burton Joyce, Gunthorpe, Hoveringham and finishing at Hazelford covering 30 miles.
day 4 Horrific downpours of rain and high winds in the afternoon finishing at Torskey covering 30 miles.
day 5 Bad weather once again finishing at Keadsby covering 28 miles.
day 6 Finally reached Trent Falls at 11am with waves crashing against the boat. Very frightening but what an achievement.

Coast to coast wall walk

Beaumont House has a very important place in Lesley Hare's heart as they looked after both her parents during the last period of their lives. The care they gave, not only to them but the whole family, was exceptional and Lesley has been a great supporter of the hospice.

She had always had a dream of doing a substantial fund raiser for them and last autumn had the idea of fulfilling this by doing the "Hadrian's Wall Coast to Coast Walk". After talking to a number of her friends who were all interested in joining her she asked Bob Vickers if he would help her to organise this.

There were a number of challenges to overcome. How do you get sixteen walkers, some of whom would not see sixty again, up to the start and organise daily transport for them, accommodation in one location each night, baggage transport, and return from the finish on the other side of the country to name but a few. With Lesley's enthusiasm and help from her team all these were overcome.

Our initial target was to raise £10,000 but the bar kept being raised as they all kept raising more and more sponsorship. The figure to date is in excess of £25,000 with money still coming in.

On the 31st May our intrepid group started out from Bowness and six days later, having covered 84 miles, all the walkers finished in Wallsend. Friends and family had gathered to cheer them in and it was quite an emotional time with running repairs having to be made to a number of ladies mascara. We had DONE IT. In sunshine, cold and rain, with lost toe nails, blisters, and aches and pain the whole group never lost their sense of fun and their achievement was truly AMAZING. Lesley wishes to thank all her friends who helped her make "a dream come true."





WE CHALLENGE YOU TO CHALLENGE YOURSELF FOR BEAUMOND HOUSE

DESTINATIONS: Our challenges offer the chance to meet new people and experience different cultures throughout the world. Take your pick from challenges in Africa, Asia, the Caribbean, Europe or the Americas.

ACTIVITY: The challenge activities we offer are equally varied. You can push yourself to the limits by trekking, cycling, mountain climbing, kayaking, white water rafting or horse riding.

CHOICE: Be inspired with our portfolio of challenges incorporates seven different types of activity in more than 25 countries, three levels of difficulty, a wide range of durations and more than 130 departure dates.

FLEXIBILITY: By joining any one of our challenges, you have ultimate flexibility. You can choose to go on any one of our challenges, on a departure date that suits you and choose from activity types, challenge grading, duration, and two payment options.

FITNESS: This is your chance to set yourself the goal of getting fit and have an incredible motivation for achieving it. Although the challenges cater for varying levels of ability, they all require an element of physical fitness and everyone is encouraged to develop a fitness programme to suit the challenge they are about to face.

SOCIAL: Our participants are men and women, young and old. Motives come in all shapes and sizes, but the one thing everyone has in common is the desire to help a worthwhile cause, whilst breaking the mould of everyday routine.

BROADEN YOUR HORIZONS: This is not just a physical challenge. You will have the opportunity to experience new cultures - from the Maasai in northern Tanzania to the Karen hill tribe in Thailand.

WHY NOT? Our challenges are something out of the ordinary. Why go on a regular holiday when you can have the adventure of a lifetime, experience something completely new, get fit, raise money for Beaumont House, and make a real difference?

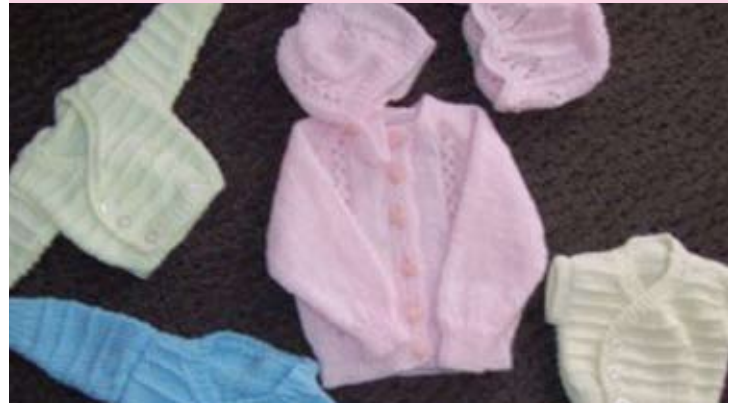
For more details contact the fundraising team on 01636 610556 or email fundraising@beaumonthouse.co.uk



Knitting Frenzy

Charity doesn't always begin at home - this has been demonstrated recently by some of the Beaumont House Thursday day care lady patients and volunteers who have knitted, and knitted and knitted baby clothes especially for the Premature Baby Unit at Nottingham's City Hospital.

They all feel it's good to think about others, particularly for those little ones who decide to come along a little early!



Beaumont House is Mayor's choice

The Mayor of Newark, Councillor Mrs Rita Crowe explains why Beaumont House is her chosen charity



Choosing a charity was quite difficult because there are so many good causes, all requiring help and as Deputy Mayor I received a lot of requests, but I had already decided that I wanted something that was not only local but also would benefit young and old. A number of our friends had been involved in Beaumont House and I was aware of the valuable work being carried out. It was for these reasons I decided to choose Beaumont House and Rainbow's Children and Young Persons Hospice in Loughborough which covers the Newark area.

It was an honour to have been elected as Town Mayor in May 09. The position has given me the opportunity to meet so many people from the young to the old. My husband and I are enjoying the year, not only for meeting people but also carrying out the civic duties and learning more about the mayoralty and history of Newark.

Recently I visited and was so impressed with everything, not only the team, but the atmosphere and way in which every single bit of space has been used to its full potential and I wish Beaumont House all the success in the future."

Christmas Spice

Christmas is around the corner and we try to produce homemade items to sell which people can give as presents or enjoy for themselves.

Again we will be making Christmas puddings which we sell more of each year, and always sell out! We also make cranberry sauce and various chutneys. One of my favourites is spiced oranges and these go very well with cold sliced ham and homemade pates.

Spiced Oranges

- 18 small oranges
- 2 ½ lb granulated sugar
- 1 pint white wine vinegar
- 1 ½ cinnamon sticks
- 1 teaspoon whole cloves
- 6 blades mace



Cut oranges into thick slices, discarding ends and removing pips. Place into a large pan and cover with water. Bring to the boil and simmer gently for 40 minutes until the peel is soft and then drain.

Place remaining ingredients into a pan and stir over a medium heat until the sugar has dissolved. Turn up the heat and boil for 4 minutes. Pour over the orange slices and cook for another hour until the peel is translucent. Pot into sterilised jars.



Once again we received generous donations from local schools and churches from their harvest festival celebrations. With the fresh produce we have been busy making chutneys and jams, which are on sale all year round but they make good Christmas presents and we tend to sell more around this period. With items that we don't use in house we distribute to the patients and this is always appreciated.

One particular vegetable which we get an abundance of is the marrow. What to do with a marrow!? Well here are a couple of recipes that we use apart from simply serving it as a vegetable with lunch. These recipes can also be used with pumpkin or squashes.

Spiced Marrow Chutney

- 1lb onions (finely chopped)
- ½ pint vinegar
- 8oz apples
- 1 ½ lb marrow (peeled, deseeded and chopped)
- 3oz sultanas
- 1 tsp salt
- 1 tsp fresh grated ginger
- 2 garlic cloves
- 1 – 2 chilli

In a large saucepan put the onions with 1/8 pint of vinegar, simmer until soft. Add the apples, marrow, sultanas, ginger, garlic, chilli and salt. Cover with enough vinegar to prevent from burning and cook until soft, stirring from time to time. Add rest of the vinegar and thoroughly stir in sugar. Boil until thick and pour into sterilised jars. Store in a dark cool place.

Marrow Cake

- 3 eggs, beaten
- 400g caster sugar
- 250ml vegetable oil
- 2 teaspoons vanilla extract
- 375g plain flour
- 3 teaspoons baking powder
- 2 teaspoons ground cinnamon
- 2 teaspoons ground nutmeg
- 225g grated marrow

Preheat oven to 170c, gas 3. Grease and line a 1lb loaf.

In a large bowl, whisk together the eggs and sugar until light and slightly thickened. Beat in the oil and vanilla. Fold in the flour, baking powder, cinnamon, nutmeg and lastly the marrow. Pour into loaf tin. Bake approx 1 hour until a knife inserted into the centre comes out clean.

For the second year running we will be organising a Christmas party for patients to enjoy. This will be on Thursday 17 December at the Holy Trinity Community centre. Guests will be served a three course lunch by members of staff, and hopefully someone will help with the washing up!!!



Beaumont House Christmas Cards

Every year, a generous benefactor of Beaumont House commissions a watercolour painting for use as a limited edition Christmas Card. This year's scene is of "Ye Olde White Hart" in the Market Place of Newark. Previous scenes include The Ossington, Beaumont Cross and Covell's. These Christmas Cards and others are available to purchase from Beaumont House, the Newark and Southwell shops and Beaumont House events in the run up to Christmas.

However, our Christmas cards are limited in number and in great demand, so we urge you to purchase yours as soon as possible! We offer an over-printing service for businesses wishing to order their Christmas cards from us. Please contact 01636 610 556 for more details.



Rosemary Wesson

Practitioner in Therapeutic Massage

My whole career has been built around caring for people and I have been involved in nursing and care since the age of eighteen.

I joined Beaumont House initially in 1994 as a care assistant. Whilst caring for these patients I decided I would like to further my ability in providing a different kind of care for these very ill people. I first discovered massage whilst working in Beaumont House, a massage therapist came into the hospice to deliver a two day course demonstrating massage and the beneficial effect it has on the body. I was impressed with the effect that massage can bring as a relaxation therapy especially dealing with patients with life threatening illnesses.

I qualified in 1997 as a Practitioner in Therapeutic Massage. I am now a registered Member of the British Register of Complimentary Therapists. I have been a practising Therapist for the past 12 years.

I also studied Aromatherapy with essential oils alongside my therapeutic massage course.

Therapeutic Massage has an enormous effect on the nervous system depending on the technique used it can be energising or calming but most of all when used in conjunction with Aromatherapy it

promotes a tremendous sense of well being and most important is the effect it has on pain reduction. The nervous system is a highly complex network which carries messages from the brain to the rest of the body depending on the techniques used in massage, the nerve ending can be stimulated or smoothed. The physical benefits of massage are tense muscles are eased and relaxed, aches and pains are relieved, joint mobility is increased, blood and lymphatic circulation is stimulated and helps to eliminate fluid retention.

In 2000 after attending an introduction course in Lymphoedema in cancer. I decided that I would broaden my skills and studied the treatment of Lymphoedema Massage in Palliative Care in

conjunction with Manual Lymphatic Drainage Therapy. Lymphoedema is a chronic permanent swelling of all or part of a limb due to fluid accumulating and related to damage to the lymphatic system. I now see lymphoedema patients on a regular basis at Beaumont House and perform manual lymph drainage massage as part of the palliative care given.

In 2003 I extended my learning taking a course in Adapting Chair Massage. This massage treatment is provided in a specially designed chair, the chair enables us to provide massage treatment to patients who are unable to lay face down or have particular mobility problems.

My role within Beaumont House extends beyond direct patient palliative care and includes massage sessions for carers and close relatives of patients. I like to create an environment where the clients can feel totally relaxed and at ease and feel confident in sharing thoughts or problems.

After 38 years of caring for people with all forms of illness I am still enthused in giving my full time support where it is needed most.



Rosemary

Patients Views

"I arrived at BH for my first massage feeling anxious and frightened with the worries that my illness presented. I didn't see how a massage could help me. How wrong was I? Her friendly and competent manner soon put me at ease and her skill at her profession sent me home relaxed and put all my worries into perspective."

Elizabeth

"After each massage, I feel very relaxed and soothed. As a result, I tend to have a better nights sleep on the day of the treatment. Rosemary's excellent care and patience is also appreciated as an added bonus to the treatment."

Rose

"I value very much Rosemary's effective monthly treatment of lymph drainage massage on my right arm."

Joan

"I have chair massage and relaxation is one of the benefits I gained during the massage. Also the relief of tension in my back and shoulders muscles."

Hazel

"I feel that the massage helped me to relax completely. My skin felt much better after the treatment too. The whole experience helped restore peace and calm after a very difficult time."

Lin

Light up a Life Service

We are holding a switch-on ceremony at Beaumont House Community Hospice on Sunday 6th December 2009 at 4.00pm and we would be delighted if you could join us.

This ceremony will be a mixture of Christmas carols and readings. The choir will be from Chuter Ede School, Balderton and a local group of musicians will provide the music. Our Beaumont House Christmas Tree will be illuminated with a myriad of lights – each one a symbol shining for those special people who have been dedicated as part of our Light up a Life Appeal 2009

Names and dedications will be entered in our Book of Remembrance which will be on display at Beaumont House from Sunday 6th December 2009 until Twelfth Night.

How you can Light up a Life this Christmas

If you would like to support our Appeal, here is how you can take part. Complete and detach the form and return it, together with your donation to Beaumont House Community Hospice. Everyone at Beaumont House would like to invite you to be a part of our very special

Light up a Life Appeal 2009

The Christmas season is often a time for thinking about others and we invite you to dedicate a light on our Christmas tree to those special people in your thoughts. It can be to celebrate the memory of a loved one who has passed away or to acknowledge a special person in your life. This is a unique way to remember someone and, at the same time, support the work of Beaumont House.

Light up a Life Dedication

Your donation £
(£5 minimum please, cheques payable to "Beaumont House")

Your name

Your address

..... Postcode

My light will shine for:-

My light is in memory of or is a special dedication to:

Message (optional)

.....
.....
.....

Gift Aid

Under the Gift Aid scheme we can reclaim the tax on all donations from UK taxpayers. This means that we can increase the value of your donation by 28p for every pound you give. All you need to do is read the declaration, tick the appropriate box and we will do the rest. This is at no extra cost to you.

YES NO

I would like Beaumont House to treat this donation and all donations I make thereafter, until I notify you otherwise, as Gift Aid. I confirm that I pay UK income tax and / or capital gains tax at least equal to the tax that I would like Beaumont House to claim in the appropriate tax year (currently 28p for each pound donated).

Please return this form and your donations to: Beaumont House, 32 London Road, Newark NG24 4TS.

Calendar of Events

November 2009

- 14th Radcliffe Male Voice Choir
£5. With Soloist Stephany Bodsworth
7.30pm, Barnbygate Methodist Church, Newark
- 20th Boobie Night
£5. Girls only evening of entertainment with World-Record attempt. 7pm, Newark Showground, Newark
- 23rd Ladies Who Lunch
The Cauntton Beck, Newark
£25 includes arrival drink, two-course meal and coffee
featuring a fashion show by Yo-Yo Style & Make-over demonstration by Boots
Contact The Cauntton Beck on 01636 636793 for tickets & information
- 29th Newark Xmas Light switch on

December 2009

- 6th Light up a Life Service at Beaumont House 4pm
- 7th Ladies Day & Christmas Bazaar
£30 includes refreshments & Lunch
10.30am, Newark Showground.
- 20th Bag Packing at Waitrose 10am till 4pm
- 22nd-24th Bag Packing at M&S 8.30am till 3.30pm

January 2010

- 22nd "Rat Pack" tribute evening
Newark Town Hall
- 24th Newark Brass Festival Gala Concert, Barnbygate Methodist Church, Newark

March 2010

- 8th Quiz Night
Newark Town Hall
- 20th Sponsored Tandem Skydive for Beaumont House
- 29th Ladies who Lunch
At the Farndon Boathouse featuring Domino Fashion, Home & Gift

Events are added regularly to our calendar, please visit www.beaumonthouse.co.uk/events for an up-to-date events listing

Contact us

Beaumont House Community Hospice
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NG24 1TW

Tel: 01636 610556

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Email: info@beaumonthouse.co.uk

Thank you to Newark Advertiser for the use of some photographs in our newsletter.

