

Help needed

● The circulation of our newsletter has grown somewhat over the last 2 years and we now distribute 3000 newsletters each edition. As you can appreciate this is quite a task. We are therefore looking for a team of volunteers to help. If you think you could spare a few hours 3 times a year to help us, please contact Nicola Tyszka on 01636 706802, we'd be very grateful.

E-mail request

● To cut down on the costs of distributing our newsletter, eventually we would like to e-mail as many as we can to our supporters. If you currently receive a newsletter and would be happy to receive an electronic copy, please contact Linda Hunt on 01636 706802 with your e-mail address.

For more information about Beaumont House and everything we are getting up to, please visit our website at www.beaumonthouse.co.uk

CONTACT US

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Please feel free to call in and see Nicola, Liz, Linda and Bobbie anytime.

Patrick Fisher
Managing Director
Christine Smith
Executive Care Manager
Chris Allen
Support Services Manager
Nicola Tyszka
Fundraising & Marketing Manager



Did you know?

Last year we provided.... * **2,420 days** of daycare * **1008 nights** of respite care * **636 hours** of care in the community * **463 massages** * **312 instances** of bereavement support * **384 instances** of carer support * **614 patients** with benefits advice * **504 equipment loans** ...at no cost to our patients.

Currently less than one third of our running costs are paid for by the local Primary Care Trust. The rest is paid for by you and your invaluable donations. Thank you for your support.

100 Club Winners

NOV 96	Mr N Henderson	DEC 25	Mr P Buckley	JAN 52	Mrs S Jury
1	Mrs C Allen	104	Miss C J Walker	81	Mrs Y Leach

Diary of Events

February

21st Frock me! Dinner Party, Compton House
24th Pancake Day Challenge, Newark Market Square

March

8th WIN A CAR Prize Draw – Cedric Ford Pavilion
19th Southwell Gardening Evening, Rolleston Village Hall
25th Night of Spice, Ann et Vin 7.30pm
30th Ladies Who Lunch, 12pm The Farndon Boathouse, Domino Fashions

April

4th Muskham Hot Lunch, North Muskham Village Hall
10th/11th Bag Packing at M&S 8.30am till 3.30pm
Date TBC 'Magical' Cheese & Wine!
26th Collingham Singers Concert at North Collingham Church
26th London Marathon. How about taking part for Beaumont House?

May

10th Newark Show, Beaumont House Charity Stall
31st Lesley Hare and Friends, Coast to Coast Walk

June

18th Tea at 3, Deincourt Hotel

September

6th The 5th Jazz in the Garden, 12.30pm
12th Newark Collecting Day & Charity Stall
29th – Patchwork Exhibition, Newark
3rd Oct Parish Church, 10am till 4pm

October

3rd Southwell Collecting Day & Charity Stall
10th Forget Me Not Sleepwalk, Newark Showground

December

6th Light up a Life Service at Beaumont House 4pm
20th Bag Packing at Waitrose 10am till 4pm
22nd/23rd/24th Bag Packing at M&S 8.30am till 3.30pm

Beaumont House News



A newsletter of news and events in and around Beaumont House Community Hospice

February 2009

NEWS FROM THE HOUSE

Thank you

● A very Happy New Year, It's wonderful to be able to express my gratitude for all those who supported us throughout 2008. We have so many wonderful supporters who donate to the Hospice and/or volunteer. It is these people who enable Beaumont House to continue providing the quality and range of supportive palliative care for people who are terminally-ill or have long term medical conditions, their families and those who have been bereaved. We couldn't do this without the continued support of the local community. Whoever you are, thank you for your time and effort on behalf of the 100's of patients and families we have cared for and supported throughout 2008.



provide more local help for more local people.

Once again thank you for your continued support.

Patrick Fisher, *Managing Director*

25 years ago the hospice movement was little more than a crusade. Today supportive palliative care is recognised as the right of every person who needs it. Our professional and committed team provide care for those in need in a number of settings - Respite Care, Day Care, Community Care (care for patients in their own home), Complimentary Therapy, Welfare Benefits Advice, Equipment Loans, and Bereavement Services. All the hospice care we provide is free regardless of a patients financial circumstances. I am hugely encouraged by the

enthusiasm and support that we receive from everyone in the local community which has allowed us to provide the care that we have for so many years. Moving forward it is our aim to

So how can you help during 2009?

- Take part in one of our events (details on the back page)
 - Become a volunteer in Beaumont House, become a volunteer driver or work in either the Newark or Southwell shops
 - Donate goods to one of our shops
 - Encourage your school/ workplace/friends/family to support the hospice
 - Organise a fundraising event
 - Contribute using a collecting tin or loose change box
- Please call in or phone us on 01636-706802 to learn more.

WIN A CAR PRIZE DRAW



As you can imagine, the current economic climate has had a significant impact on the sale of these tickets. So we really need your help to sell some more!

Please encourage your friends and family to club together to buy a ticket between them. Maybe your school, business, local club could buy one and then raffle it off amongst its' members/employees.

1st Prize VW Fox
(Heron Newark Ltd)
2nd Prize £1000
(Kindly donated by Andrew & Co Solicitors)



Only 300 tickets will be sold, Price £50 per ticket. That's better odds than the lottery! To buy a ticket phone the fundraising office on 01636-706802

Draw will take place on the 8th March at the Cedric Ford Pavilion, Newark Showground.

Goodbye Valerie

● After 12 years of devoted service, our Receptionist Valerie Forsyth retired at the end of November 2008. She held many roles during her time at Beaumont House, including Admin Assistant and Personnel Manager, but she was known to patients and staff predominantly for her role as Receptionist. We will miss her warm welcome and professional manner and Beaumont House will not be the same without her. We wish her much happiness in her retirement.



Christmas Lunch

● For Christmas celebrations 2008 we organised an event at the Holy Trinity Community Centre. The day was attended by 70 patients and volunteers.

The tables had been laid by staff and each name place was attached to a gift of homemade gingerbread snowmen. Guests arrived late morning and were offered a glass of Bucks Fizz and smoked salmon canapés.

Once seated, they were entertained by Holy Trinity School Choir who sang Christmas carols. Patient Nancy Checkley commented 'I really enjoyed seeing the children and listening to them sing'.

Lunch was served from 12.30 by members of staff who were assisted by a group of volunteer students from Nottingham Trent University.

The Reverend Richard Hooton said grace to commence lunch. All went smoothly and there was a great festive atmosphere.

After lunch the students presented each patient and volunteer with a hand painted pot planted with a bulb for spring, this was a gesture appreciated by all. We were then entertained by the Palace Singers, which we thoroughly enjoyed.

Volunteer Ed Prasai commented 'Overall it was a wonderful idea. All being together and meeting patients and volunteers from different days was lovely. The food was fabulous and the Christmas pudding was

beautiful. The students were really nice and very polite'. Nancy Checkley also commented 'All the food was lovely, I enjoyed being waited on and

the servers were polite and helpful'.

With thanks to all those who helped out, especially those who helped with the dishes!



RPS raise a staggering £7,500

● Each year staff from RPS (formerly Burks Green), on Sherwood Avenue in Newark support a local charity. During 2007/08 RPS staff supported Beaumond House Community Hospice and raised a staggering £7,500!

Money was raised through various events including: Staff Quiz Nights; various Raffles at Easter and Christmas, staff Christmas card contributions in lieu of sending cards to colleagues, along with various staff, client & supplier contributions. In a bid to increase the donation even further, an optional, preferential office car parking fee was also introduced to benefit those staff members who

would ordinarily have to use public carparks in the town.

The Newark office of RPS also holds an annual golf day for clients and raised money at this event via activities such as 'beat the pro' and 'nearest the pin' competitions.

Beaumond House have decided that through the fundraising efforts of the RPS staff, their donation of £7,500 will enable them to provide

833 hours of 'care in the community' in 2009 – more patients and their families will now be able to benefit from this unique and much needed service.

Nicola Tyszka, Fundraising & Marketing Manager commented, 'It is one of our objectives this year, in line with Government recommendations, that we increase our provision of 'Care in the Community'. We are extremely grateful that the donation from staff at RPS Newark office will enable us to start working towards that objective almost immediately'.



Graham McMorran, Technical Director at RPS Newark gets into the spirit for the 2008 Easter Raffle!!



Christmas Toys

A huge thank you to all the schools and businesses who helped sell our cuddly toys over Christmas. They were very popular and your efforts helped us raise over £1800.



● Once again we held a very successful ladies day in early December at the Cedric Ford Pavilion. No advertising needed! We were up to 150 people before we knew it!

On the day over 200 ladies attended. The two speakers were much appreciated, Jenny Storer telling amusing Christmas anecdotes followed by lunch. Then came the star of the show, Tricia Stewart, instigator of the Calendar Girls, who had everyone in stitches.

Fantastic table prizes, all donated, made over £1000 and we raised £9000 in total for the days events!

Thanks must be made by Molly and I (Sheila), to Ann and Doreen, who as usual made a wonderful sales table which drew many satisfied customers.

Thanks also to all our willing helpers who were on the go for over 5 hours.

Bag Packing

● How successful was our bag packing this year? Over the 4 days we raised £4,541.84.

We can't thank the general public enough for their incredible generosity especially in this current economic climate. Thank you to all our volunteers who came and packed those bags in 2 hour slots, we couldn't do it without you. We are also extremely grateful to Marks & Spencer and Waitrose for letting us bag pack at a very busy time of year. We hope we helped!

We will be repeating our bag packing duties at Marks & Spencer on 10th/11th April if anyone would like to offer to help?

Light up a Life Service

● On Sunday 7th December our annual Light up a Life Service was held at Beaumond House for the 2nd year running, with a decorated Christmas tree in front of the house. Although it was chilly, it was at least dry and some 150 people turned out to remember loved ones for whom they had bought a light for the tree.

A short address was given by Margaret Kirton whose mother was helped by Beaumond House a few years ago and her father currently uses the day care facilities. Carols were sung by Chuter Ede Primary School Choir led by Christine Hopkins, after which the congregation sang, helped along with warm mulled wine, and music by Robin Richards and his group of musicians.

Our thanks go to everyone who contributed towards Light up a Life, or who took part on the day.



Andrew Morris & the Ferrari Challenge

● Andrew's Ferrari Challenge had it's ups and downs this year, however, we were delighted that the final track day was a great success and Andrew was able to present us with a cheque for £3000. Thanks go to Andrew for all his hard work and nervous energy and to everyone who sponsored him.

M&S Fashion Show

● 18th November saw M&S put on another fantastic fashion show in aid of Beaumond House. The evening raised almost £1000 which they are hoping will be matched by their head office. Huge thanks to all the staff at M&S for putting on such a wonderful evening.

Farndon Village Xmas Tree Fund

● The Farndon Village Christmas Tree Fundraiser is always a big event in Farndon's Calendar. We were delighted that it raised £1576.33 for Beaumond House. Thank you to the organisers and all who donated.

Newark & Sherwood District Council

● For the past 4 or 5 years we have purchased a tag, put our message on and then put it onto our tree in the main reception area. This was done instead of sending each other Christmas Cards. The money, which we gave for the tag, went to Beaumond House.

Last Christmas we felt that as a team we could get more money for Beaumond House, so we gave ourselves a challenge! Previously we have raised around £200. So we set a target of £500, which would pay for a weeks respite care for 1 patient.

The warmth and generosity of all the staff came through and a couple of visits from the Fundraising team at the Hospice – selling various gifts and Christmas cards – helped us raise a Grand Total of £948. WOW!!

It just goes to show that despite the economic climate our 'team' did a great job. We are so proud to be working in such a caring, warm environment – what will 2009 bring? Special thanks to Mr Len Davies who was massively supportive of us, but sadly passed away on Tuesday 20th Jan 2009.

Wishing everyone a peaceful 2009

The staff at Newark & Sherwood District Council and Newark & Sherwood Homes

Challenge Hayley

● As many of you may be aware, Hayley Gillingham of Betta Blinds has set herself up as Newark's very own Challenge Anneka! She was recently seen in Waitrose stuffing huge quantities of cream cakes in her mouth and by the time you read this she will hopefully have successfully swam the Serpentine Lake in Hyde Park! Why is she doing all this you may ask? Simple – to raise money for Charity and we are delighted that one of those charities is Beaumond House. Hayley will be taking on a different challenge every month during 2009, so please support her. Good Luck Hayley!

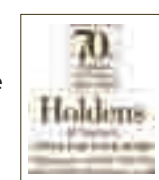


Collecting tins

● We'd like to take this opportunity to thank all the shops and businesses in Newark who have one of our collecting tins. This is a hugely valuable source of income for us and last year raised over £6,000. Thank you for your continued support and if anyone would like a collecting tin for their shop/business please contact the fundraising office on 01636-706802. Incidentally, we also have loose change boxes for supporters to keep in their own homes. Again, contact the fundraising department if you would like one.

Holdens of Newark

● Many thanks to Holdens of Newark for their donation of £505 raised from the money charged to customers for the removal of their old furniture. Holdens have been donating this money to us on an annual basis for many years and we are extremely grateful for their continued support.



Hillside Medical

● Thank you to Hillside Medical for the recent donation of 2 bariatric recliner chairs and a wheelchair. We purchase much of our equipment from Hillside Medical and they often donate items to us, which are always put to great use by our care staff and patients.

Nottinghamshire Freemasons

● A cheque for £1,581 was presented to Beaumond House at the Provincial Grand Lodge of Nottinghamshire in December. This was money donated by the Freemasons Grand Charity which has been supporting the work of our hospice for some years now.