

BE BRIGHT BLUE FOR BEAUMOND HOUSE COMMUNITY FUNDRAISING GUIDE

BE BRIGHT BLUE

Could you turn your home or street blue? Decorate your window with blue lights, blue bunting or blue balloons. Or adorn your Christmas Tree with blue lights and decorations. Or support Beaumond House by taking part in a fundraising challenge?

There are some ideas below, but you are welcome to do something totally different.

SPONSORED SILENCE



We understand that it's not always easy or appropriate to hold a sponsored silence but could you encourage quieter hours? You may be able to encourage your children to take part in a family sponsored silence. Could you get creative and find ways around talking, maybe using tech to support the silence? Maybe you could challenge yourself and family members to stay off social media? Ask for donations from your friends and family too.

DONATE A COFFEE



How many of us have a shop bought coffee or cup of tea every month? Sometimes every week or even every day!

If you were to donate the cost of your shopbought coffees it could really add up!



Take the tie off and have a dress down day. Wear a onesie all day. Don some fancy dress. Or 'Go Blue' for a day and wear blue wigs, T-shirts and anything else blue.

AFTERNOON TEA

We are a nation of tea drinkers, so why not host an afternoon tea to raise some funds? Whether you do it at home, at work or at a local venue your event will be a sure hit. Simply pick a date, choose your venue and send out those invites. Charge an entry fee or ask for donations on the day.

BAKE SALES

Who doesn't love cake? A bake sale is a fun and easy way to raise money for a great cause. Bake your way to fundraising success. Pick your venue, pick the date and time, share your event, invite your guests, recruit your bakers and/or ask for bakes from your guests. You could charge an entry fee or ask for donations on the day. Remember to use plenty of blue food colouring, blue icing and decorations!

Don't forget to tag us @beaumondhouse using #BeBrightBlue so we can share your support!

GAMES NIGHT



We all love playing games, but you don't have to be a master or a pro to a host a games night. You just need games, a place to play and people to play with. It can be as simple as charades.

If you want a challenge, why not host a 24-hour gaming marathon asking for sponsors.

PENNY WARS



Fill an agreed container with coins in the quickest time – similar to the 20p coins in the Smarties tubes. The good thing about this challenge is you get to eat the Smarties first!

BINGO



If the phrase "2 little ducks" brings a smile to your face then bingo could be the activity for you!

There are more than three million regular bingo players in the UK, so you're bound to get a full house. Kelly's eye, lucky seven, knock at the door, legs 11.



Take advantage of family rivalry and ask each person to host a dinner. Everyone who joins in can give a donation and rate the meal out of 10. At the end of the week, tally up the totals and announce the winning team.



Invite family members to taste the world! Every diner picks their own cuisine and the best tasting meal wins. Decorate, set the mood with music from the countries chosen and charge guests a small donation to take part.



By donating one hour's pay, and encouraging others to follow your shining example, we can provide an hour of support to a patient. Would your employer, or work colleagues match any donations made?

You could also do something more traditional such as a head shave, holding a raffle or hosting a quiz.

People usually face some feelings of loneliness following a terminal diagnosis, losing their self-image, sense of control, relationships or independence. Often this can mean that they are isolated from the things they love the most. Caring for a loved one can also be lonely and isolating.

By supporting our Be Bright Blue Campaign, you can help us to continue to provide personalised care, when every moment matters.

Contact us on 01636 610556 or fundraising@beaumondhouse.co.uk for further details

www.beaumondhouse.co.uk/bebrightblue

