

EPT BUSY AT BEAUMOND HOUSE LOOKING AFTER POORLY PEOPLE. WE NEED A LOT OF MONEY TO DO THAT

R HAS COME UP WITH AN IDEA WHERE YOU CAN HELP

FIND OUT HOW YOU CAN BE A











## WE NEED 100 HOSPICE HEROES TO EACH RAISE £100 BY DOING



BAKE 100 CAKES
SELL 100 FLOWERS
COLLECT 100 COINS
RUN 100 LAPS
SWIM 100 METERS

READ 100 MILES
READ 100 PAGES
WASH 100 CARS
A TOY & BOOK SALE
SPONSORED SILENCE
100 KEEPY-UPPIES

WE CANNOT WAIT TO SEE WHAT YOU DECIDE TO DO

## WANT TO BE A HOSPICE HERO?

You must register with us, so ask a grown up to:

I) visit www.beaumondhouse.co.uk/hospice-heroes where you can download a sponsor form or set up a JustGiving page or

2) Call 01636 610556 or email fundraising@beaumondhouse.co.uk.

We would love to hear what you are doing. Please tag us in social media @beaumondhouse and use #HeartBH.

Heroes should let Beaumond House have their money by March 2022

All heroes will receive a thank-you certificate and a mini Sunshine Bear