

# Beaumond House Case Studies

**In-patients- Brian** 

**Age: 75** 

**Diagnosis: COPD** 

**Hospice Service: In-patients** 

### **Beaumond House Journey**

Brian was referred to the hospice to explore how we could support his progression of his long term condition, COPD. He was becoming more breathless and this was making him anxious.

Brian was offered a stay in the hospice inpatient unit where the team were able to support him with his symptom management.

Brian stayed in the hospice for nine days before going home. He felt his symptoms were more manageable and his medication had been reviewed as well as trying new approaches to manage his breathlessness.

**In-patients- Laura** 

Age: 50

**Diagnosis: Lung Cancer Hospice Service: In-patients** 

#### **Beaumond House Journey**

Laura was referred to the hospice by her oncology team after receiving the news her cancer had spread and her care was now moving to supportive rather than trying to cure her cancer.

We first contacted Laura by telephone and one for the nurses from hospice at home arranged to visit Laura at home. During this visit Laura shared with the nurse that she didn't want to die at home but wanted to stay at home for as long as possible.

Laura was supported by the hospice at home team until she felt ready to come into the hospice. Laura was able to spend time with her family in the hospice without the worry that they would need to help her with care needs. Wellbeing- Sheila

Age: 68

**Diagnosis: Parkinsons** 

**Hospice Service: Day Therapy/Complementary Therapy** 

#### **Beaumond House Journey**

Sheila phoned the hospice after hearing about the service from a neighbour. Sheila explained that she had lost her confidence since her diagnosis of Parkinson's disease and was becoming increasingly isolated. Sheila had also been suffering with feelings of anxiety.

We suggested Sheila attend a taster day at the Hospice, during which Sheila spoke with a nurse about what she was struggling with.

A plan was made to attend each week for Day Therapy, and a weekly session with the Complementary therapist. Sheila has been attending the hospice for six weeks and reports an improvement with anxiety levels. Sheila also feels that the support from the team, along with meeting other people in similar circumstances has helped to rebuild confidence.

**Hospice at Home- John** 

Age: 57

**Diagnosis: Heart Failure** 

**Hospice Service: Hospice at Home** 

## **Beaumond House Journey**

John's wife came into the hospice for some information on our services. She and her husband John had been informed that John's heart failure was now very advanced. John was beginning to struggle with showering and personal care and understandably needed some emotional support.

We were able to arrange a nurse to visit John and his wife at home that week. John got to know the hospice and was happy to have help three times a week for a shower with a member of the Hospice at Home team.

Over the weeks, when John's health became worse, we were able to increase these visits. John expressed he was so grateful of the care he received and was able to ask any questions of the team about his condition.

He also felt the emotional and physical support to himself, and his wife was very helpful, he expressed that he did not know how they have coped without the support from Beaumond House.