



BE BRIGHT BLUE FOR BEAUMOND HOUSE FOR SCHOOLS

Beaumont House Hospice Care; providing personalised care for patients and families for 36 years in Newark & Sherwood

Be Bright Blue is Beaumont House Hospice Care's campaign to explain how someone may feel very isolated when they have been told that they are extremely unwell, but also, that people can feel deeply lonely at any time.

Loneliness has a habit of causing people to stop doing what they enjoy, leading to prolonged sadness. We have chosen this theme because it's universal and it's important that local people know that we're here to help.

About Us For those who are new to Beaumont House, we are the only hospice in mid-Nottinghamshire delivering In-patient care, Hospice at Home and Day Therapy which makes us unique. Our charity cares for almost 500 patients a year and their families and carers who are often in need of advice, support and bereavement counselling. Our impact significantly increases patient dignity and offers personalised nursing care. We are proud to say that we improve mental and physical wellbeing, help people live well, and have a good death.

♥ **Be Bright Blue** is shining from November '23 to January '24 showcasing our community events. World Blue Monday takes place on 15th January 2024 - can we be your Bright Blue for one hour that week?

♥ **Be Bright Blue** is an uplifting, proactive campaign. Not only are we extending our supportive outreach to patients and carers but we're also hosting a feast of shimmering events.

Here are some of the things we can offer you in school.

♥ Our nurses would be delighted to visit to talk about what is important to your school. They can speak to a whole assembly, a year group or single class.

♥ Sunshine Bear needs a new T-shirt. He'd be thrilled if your pupils would create a design he could wear in this fun competition. He'll be making a personal appearance at your school.

♥ Our 'pocket hugs' are available on a card to give to a family member, friend or neighbour who they feel would be greatly cheered by such a happy message.

♥ 'Wear it Blue' day, whether it's a hairband, socks or a jumper and then to make a heart shape in the playground, photographed from above and published in the local press.

We would be grateful for a donation of £1 or a discretionary amount for each child taking part.

Please help us to make this the best **Be Bright Blue** campaign ever by organising a fundraising activity of your own (optional). We have put together a "Be Bright Blue for Beaumont House Fundraising Guide" with some ideas to get you started.

We hope that you'll join us!



Please contact Elaine Smith to discuss how we can tailor our visit to fit your requirements and help us make Be Bright Blue a huge success by calling her on 01636 610556 or email elaine.smith@beaumonthouse.co.uk Thank You!