

# BEAUMOND HOUSE NEWS

WINTER 2022



## Our £500 Cash Prize Spring Raffle is back for 2022!

For the first time last year, we ran a spring raffle with a cash prize and it was an amazing success, raising over £10,000 for the hospice. Due to its popularity, we are bringing it back for 2022!

Taking part gives you the chance to win a cash prize of £500 and of course to support your local hospice. Every purchased ticket will help Beaumont House to continue our specialist care to our patients and their families.

Our ability to continue to deliver the best care and support to local people who need us at one of the

most difficult time of their lives, depends on the kindness and generosity of our supporters.

**Tickets are £1.00 each. To purchase your tickets, please visit [www.beaumonthouse.co.uk/raffle-2022](http://www.beaumonthouse.co.uk/raffle-2022) or scan the above QR code where you can order tickets online and see a list of outlets. Alternatively, please call 01636 610556.**

With limited tickets on sale and the draw due to take place 31<sup>st</sup> March, please do send these back as soon as possible to guarantee your chance to win.



32 London Road, Newark, Notts, NG24 1TW | t: 01636 610556 | [www.beaumonthouse.co.uk](http://www.beaumonthouse.co.uk)  
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# WELCOME - FROM GEORGE CAMERON, CEO

It has been my good fortune over my career to work in several hospice environments and therefore did not need any second thoughts when taking on the role of interim chief executive.

I was invited to join the Board of Trustees soon after I retired and have found it a most rewarding experience and still to be able to use, while in retirement, the knowledge and skills I had gained over the years.

I live locally in Farndon and have been part of the Newark community for almost ten years.

**Beaumont House is dear to my heart, as it has helped friends over the years, but also is so highly respected by everyone I meet.**

During my time as Interim CEO, I will advise the board on the way forward and highlight the challenges facing a new CEO, when appointed.

It has been a hard eighteen months for us all but especially for those who have had Covid-19 and those who have been bereaved by the virus. I would like to thank all the staff, who have either had to be furloughed or those who have worked tirelessly through the pandemic. Without their dedication and patience, we would not have been able to continue to serve the people within the communities we cover.

I would also like to take this opportunity to thank all our volunteers, who have been so understanding over the period of the pandemic.

No hospice can deliver its services effectively without the support of volunteers, whether that be in admin, fundraising, our shops, service support or through general duties. Volunteers make our world go around and everything you do is so much appreciated by the



trustees, the staff, those who use our services and of course myself.

The support the community has given us through very difficult times is also appreciated.

Beaumont House relies on your support and therefore I would ask you to keep us in mind when thinking of making a charitable donation. All funds raised are spent within the community you live in. Without your financial support we would not be able to operate.

As we approach the new year, I would ask you all to keep safe, as we need you to help us deliver our services.

**George Cameron, Interim CEO  
Beaumont House**

## A WARM WELCOME TO...

We are pleased to welcome some new members of staff here at Beaumont House.

Joining the fundraising team is Melissa Gaffney who is our Fundraising Events Manager, Toni Borg who is our Community Engagement Manager and Elaine Smith who is our Trusts and Foundations Manager.

Charlotte Day has joined as our Finance Assistant.

Linda Malloy has started as our new Administrative Assistant supporting Louise Sinclair, our Head of Clinical Services.



### **I want to say a fond farewell and thank you to two of our volunteer trustees who retired in 2021, Nic Porter and Joanna Parlby.**



To think that when I joined the Board in 2009, Nic Porter had already done over 18 years service, and he now retires having completed over 30 years is incredible. Nic has overseen huge changes during his time on the board and it is because of him that so many of the good ideas flourished.

In particular, Nic provided his expertise in all matters property-related, including architectural design, planning and oversaw any build project. He was keen on the protection of staff and patients with him regularly inspecting and reviewing of our health & safety issues. The structural and implementation changes in the house over many years together with the development of 131 Lime Grove as an additional facilities unit, the design and construction changes for the new research and information centre on Stodman Street and of course the work at the shops with Collingham being the latest and the wellbeing / garden room unit at 32 London Road, were all overseen and driven forward and made possible by Nic.

Additionally, we have all valued his attention to detail which was a huge asset to the hospice and assisted us to implement strong governance and those principles will continue into the future.

Earlier in the year, Joanna Parlby also retired as



trustee and, like Nic, has promised to stay in touch and help where needed. Joanna joined the board in 2009 with high value skills as a company managing director, communicator extraordinaire and with exception, attention to detail.

These qualities were all displayed immediately and continued throughout her time in office. Joanna's skills in communication, which was a key part of her life, were important and she was able to connect with everyone she met in a comforting and thoughtful manner. In addition to public speaking at many of our small and large events, she professionally edited our written presentations and I fear I may have failed her with this piece!

Joanna also worked closely with Cathy and our fundraising team. She helped organise new events and implement fresh ideas around wills and donations which have all benefited the hospice.

It is not possible to put statistics on the way local people have benefited from Joanna and Nic's work as trustees, but without doubt they will both very definitely be missed from the board.

Please accept our grateful thanks from everyone within Beaumont House, staff, patients, volunteers and friends and know that we wish you all the very best for the future and hope we will still see you sometime soon.

**John Marshall, Chairman - Beaumont House**

**I am delighted to announce that the Board have appointed a new CEO Heidi Hawkins to support Beaumont House moving forward. The appointment is made on a permanent basis.**

Heidi will be joining us from 1st April and has a wealth of experience working for hospices and will help develop and deliver our strategy and plans into the future.

We are really excited by this appointment and you will hear more from Heidi in the next newsletter

In the meantime, we thank George Cameron for all his hard work and for agreeing to continue in the CEO role until Heidi arrives.

**John Marshall, Chairman - Beaumont House**

# LIGHT UP A LIFE

**After a year missed due to covid restrictions, we are thrilled our annual Light Up A Life services could return this Christmas in our local communities.**

Rather than a virtual service we were able to see our supporters in person to reflect and remember together. We had a fantastic turn out at our first ever Collingham Light Up A Life and also later in the week at Southwell Minster. It was wonderful to see so many new and familiar faces, and enjoy the service together. Not forgetting indulging in some festive cake together!

A huge thank you to everyone involved to ensure the events were held safely and successfully, and, of course, to our loyal supporters for joining us and donating on the night.

Unfortunately our Light Up A Light at St Mary's had to be cancelled at short notice due to notifications of COVID. We want to apologise again for any disappointment caused and we hope to reschedule in the New Year, all details will be posted on our website and social media channels.



Your support for this appeal is so greatly appreciated. For the first time this year, we sold Light Up A Life Christmas cards and blue glass Forget-me-not Hearts to hang on your Christmas tree and to make Beaumont House a part of your Christmas.

We are delighted we sold out completely and so, due to popular demand, they will be back for Light Up A Life 2022!

It is thanks to your generosity we have raised over £3000 (check this with Cathy). From everyone at Beaumont House, thank you so much.



## VOLUNTEERING FOR BEAUMOND HOUSE

**We are so very grateful for our volunteers who are a vital part of our team and contribute to almost every area of our work at the hospice and within in the community.**

When you join the hospice as a volunteer, you will receive full training and learn about the work of the hospice, as well as gaining valuable skills and experience. Volunteering is a great way to improve your CV and to meet new people.

Benefits of becoming a volunteer include:

- Learn new skills and experiences
- Build confidence & make a difference
- Make friends and be part of a community

**We currently have the following volunteering roles available:**

- Day therapy
- Drivers
- Fundraising & admin
- Shops
- Gardeners
- Reception
- Catering

To find out more about the roles or volunteering in general, please contact Hannah Smith, Community Engagement Administrator, on 01636 610556 or email [hannah.smith@beaumonthouse.co.uk](mailto:hannah.smith@beaumonthouse.co.uk) or visit [www.beaumonthouse.co.uk/volunteer](http://www.beaumonthouse.co.uk/volunteer)



## A BIG THANK YOU

We have been very fortunate to have been chosen by Newark and Sherwood District Council to take part in the "Crop Drop Initiative" which started in June.

This is where the council drop off boxes to the local allotments and the local gardeners leave items they have grown to be donated for charities to use. We have received a wide variety of vegetables (marrows, carrots, artichokes and beetroot) which we have used for patient meals. This has been well received.



The allotment society have also been helping us with the creation of our kitchen garden. Over this past year they have produced tomatoes, beetroot, a variety of beans, onions, strawberries and a mix of different herbs. This has been lovely for the patients to see it all growing from the dining room window as well as having fresh food to cook with.

The Emmaus Trust have been helping with weeding and have painted rocks for us to display in our kitchen garden, local school children have made a bug hotel for us.



We have been very fortunate to have had harvest festival donations (fresh vegetables and dry foods) from various schools and churches which we have been able to send out to our Day Therapy and Hospice at Home patients for them to use at home as well as using the donated food to produce meals.

**We appreciate all the help, time and donations offered to the hospice. All of these improve the experience for those who use our services .**

## BEAUMOND HOUSE SHOPS

Each one of our charity shops in Newark, Collingham and Southwell, raise valuable funds for us as well as providing an important service to the community and a link with the hospice itself.

We are pleased to offer a sustainable and affordable shopping option with something for everyone, and in our shops you will find a full range of good quality pre-loved items including clothing, household items, collectibles, bric a brac and much more.

We are always grateful for donations to our shops. If you are unsure if your items are suitable for donation please contact the shops directly, who will be happy to advise you.

Please visit our website for further details  
[www.beaumonthouse.co.uk/shops](http://www.beaumonthouse.co.uk/shops)



## GIFT AID

Did you know that if you sign up to Gift Aid, your donations could be worth 25% more when sold?

This is because for every £1 we raise by selling a gift aided item we can claim 25p on the donor's behalf from HMRC. This makes a massive difference to our fundraising. Signing up to the scheme and becoming a gift-aider can be

done by completing a simple declaration form in any of our shops.

To be eligible for gift aid you must pay either UK Income Tax or Capital Gains Tax and then just complete the gift aid declaration form for us.

If you would like to know more about gift aid or would like to sign up please call into one of our shops where we will be happy to help you.

# CORPORATE HEARTS

In March 2020 when the UK went into nationwide lockdown, we really did not know what implications this would have on our ability to continue to support local people or on our ability to raise the essential funds we needed to do.

Thankfully your response was overwhelming, and the support kept coming and, along with, support from the National Lottery we were able to raise the funds we needed to ensure our services continued. 2021 brought further uncertainty and so our Keep our Hospice in your Heart campaign was conceived.

Our aim was to reach as many possible with our message that we still needed their support to ensure that Beaumont House remained at the heart of this local community. The appeal offered individuals the chance to a heart in memory of a loved one, was a resounding success and so we are delighted to extend the offer to local businesses.

**Because we know how important Beaumont House is to many local companies, we are asking local businesses to support this campaign by buying and displaying one of our unique hearts. Buying one will enable companies to demonstrate to their colleagues and customers, how much Beaumont House means to them. The hearts connect you directly to the love and support which Beaumont House gives to the community day and night.**

Thanks to the support from Motorfinity we are able to offer companies the chance to buy a heart from £250. This would pay for a day therapy patient to come to the hospice once a week for three weeks;



and if you chose to increase your donation; £500 would pay for two days' care for a patient in Beaumont House; £1,000 is enough for a patient to remain in their home helped by Hospice at Home.

**Dean Skiba, chief operating officer at Motorfinity told us, "It goes without saying that we are extremely proud of our ongoing partnership with Beaumont House Hospice Care, a hugely loved and respected local charity in our area, and we are so grateful for the hard work they do within our community.**

So many of us have been touched by loss and bereavement and, by joining in with the Heart



Campaign, not only can we remember all our loved ones in our local community, but also help the hospice recover from the detrimental impact of Covid 19 in every way possible.

As a company, Motorfinity has, and always will, hold charity right at the heart of our business. It is what we do: We always try our utmost to support both national and local charities."

All businesses who buy a heart will also be invited to a thank you event at a local venue in early 2022. The hearts will be 20cm in height and a similar size in width, something that can be easily put on your reception to show your love for Beaumont House and support for the campaign.

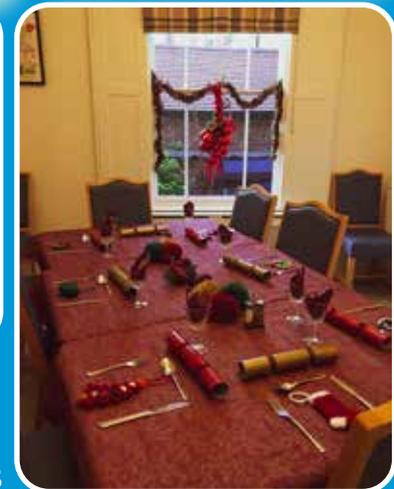
If you would like to find out more about how you can secure a Beaumont House heart for your company please call 01636 610556 and ask to speak to the fundraising team or email



**A huge thank you to Gusto Community Fund for donating an amazing £3000 to Beaumont House.** The Gusto Community Fund is administered by the Collingham Community Trust and is uniquely distributed through the nominations of recent buyers of a new Gusto Home, and the nominations of the Gusto Construction employees who helped to build them.

Two Gusto Construction and Gusto Homes employees and two Collingham home owners all decided to donate their community fund money to us and we are so grateful for their support and generosity.





It has been wonderful to be open up Day Therapy once again. We have enjoyed lots of fun and creativity with various craft projects ranging from ceramic autumn leaves to knitted Christmas hearts.

## Did you know you can now donate via our website?

Providing care and support to patients and their families costs Beaumond House around £1,000,000 every year. Approximately £550,000 of this income is raised through the generosity of the general public and local businesses throughout Newark and district.

Every donation to Beaumond House Hospice Care will be spent in the Newark and surrounding area to help local people and their families at what can be one of the most difficult times of their lives.

To make a one-off or regular donation, please visit our website

[www.beaumondhouse.co.uk/donate-here](http://www.beaumondhouse.co.uk/donate-here)  
or scan the QR code below



## A Place to Die – But Much, Much More: Mick Longmate

**I have had it said to me many times that Beaumont House is a place to die. It is so much more than that. I have been lucky enough to experience all aspects of this beautiful place and death is by no means a prominent feature. In fact, the reverse is true.**

Day therapy is fun and laughter all the way with Lizzie and Anna (AKA Eva Cassidy) constantly finding ways to keep us entertained. Our minds are kept busy with a myriad of quizzes, crosswords etc and I am told that seated exercise is about to be introduced.

For the first time in my life I have dealt with ceramics, only Autumn leaves, but even Michelangelo had to start somewhere. The kitchen provides us with a tasty and healthy light lunch, so I go home replete, happy and tired. I am transported home by a volunteer, usually Will or Maria, who see me safely into my bungalow.

A place to die- I don't think so.

Hospice at Home is a group of amazing carers who saved me from utter despair. Before the visits from these ladies I was genuinely losing the will to live. So, with a lot of help from this band of angels, I now look forward to each new day, especially Tuesdays and Thursdays when I get a home visit.

**I spend thousands of hours a year on my own and these ladies understand the meaning of loneliness. Dark thoughts no longer cross my mind and my tears of sadness have turned to tears of joy.**

Every carer has a different approach, but they all have the same heart of gold. One carer was so inspired by the Hospice at Home care which allowed her dad to stay in his chosen environment, that she joined the Beaumont House team and is now a very valued member.

If it is your choice to pass away in your own bed, then they offer this service with dignity and care. Hospice at Home is now my anchor in life's ocean. A place to die – only if you choose so.



'In House' is where if I am lucky, I will end my days safe in the arms of ladies who I know care for me dearly.

I have been fortunate enough to have had three stays 'in house' and

each one has helped me in some way. Attention to detail is second to none, but careful, thoughtful, and tender care is the overriding theme. The atmosphere is calm, serene, and joyful and, although death is happening it is not apparent.

A team of cheerful carers led by a group of skilled and dedicated nurses see to your every need. It's four individual bedrooms give maximum privacy, respect and dignity to you and your family. The nursing staff have a wicked sense of humour that is absolutely necessary in their job, but with it goes deep and honest compassion.

Remember, all of these things happen despite Covid, an achievement in itself.

I have chosen Beaumont House to be my exit from this world because I cannot see a better alternative. A place to die – I hope so but much, much more.

All of this does not happen by accident. These are a team of dedicated professionals led by Louise who makes sure it happens safely and correctly. All of the ancillary groups are essential to the smooth running of Beaumont House, as are the volunteers.

The atmosphere throughout this building is one of love and care grounded by thoroughness.

**A place to die – a place to die for.**

**If you would like to help us continue to support people like Mick – please turn to page six to see how you can make a one-off or regular donation.**



**My name is Nicola Payne, and I joined the Beaumont House team as a Nurse back in April 2021.**



I started my nursing career working in the community around Newark and Sherwood. Palliative care was something I had heard about in lectures but I hadn't had much exposure during my studies to people receiving palliative or end of life care. As a community nurse the majority of my patients were palliative and I quickly began learning about how to deliver quality palliative and end of life care. I could honestly say that I loved my job and being able to spend time with people, talking about what mattered to them and making a difference felt like the best feeling although tinged with sadness.

My career progressed and I took a path that took me away from patients. In November last year I lost my Granpa to Covid. This time I was on the other side. For the first time in my life I was on the receiving end. I sat in the hospital wearing my PPE and I know how fortunate I was to be able to do that given so many people had missed out on that opportunity. Having that experience, being on the other side, made me remember how much I enjoyed palliative care. I sat one night looking for opportunities, how could I get back to what I loved doing.

I couldn't believe my luck when I saw Beaumont House were advertising for a bank nurse role. The closing date was the following day. I quickly pulled together my application and sent it off. I knew some of the team there; Louise and Karen from my other roles so I hoped they remembered me. So after a Zoom interview I was lucky enough to be offered a position with the Beaumont House team.

I work 1-2 days in the hospice and I can honestly say that no day is the same. There is an incredible team of people that work so hard, from in house, as we call it, to hospice at home, day therapy, the fundraising team, domestics, kitchen staff; the list goes on.

**The team spirit at Beaumont House feels like you are part of a big family. People genuinely care for each other and are always willing to help out. I haven't worked anywhere quite like it. We are there for one another.**

People often think that the hospice is a place where people come to die, but it is so much more than that.

We laugh, we dance, we sing, we have fun.

I am known to have a little dance and a sing song and although I'm no Whitney, it does often start others off. Some of my patients take on the role of Simon Cowell. It's a good job we don't have a big red buzzer otherwise I think it would be pressed a fair bit!

**The hospice, although having a clinical setting, is like a home from home. People can do pretty much what they want when they want. I recently joked with one patient who was being wheeled out for a 'breath of fresh air' with her inhalers in hand. We are not there to judge or tell people how to live their life. We are there to listen, to care, to support, not just to our patients but for their families too.**

The favourite bit of my job is talking to people, finding out about them, where they were born, how many siblings they have, and if they have traveled. I am humbled by the people I meet and their stories.

I have met so many people since working at the hospice. From all walks of life, all of their situations different. I love it when we get people in that connect with one another. We had two people in recently and it turned out they worked together. They were able to sit and reminisce. I already have some great memories from my short time at Beaumont House and look forward to making many more.

So when people ask me how do you do what you do, I hope they understand that, although yes there are tears, sadness and pain, being a nurse at Beaumont House enables me to be there for people, make a difference and bring a little bit of happiness.

**We wanted to express a special thank you to Olivia, aged eight from Balderton, who recently raised over £2020 for Beaumont House by being a Hospice Hero. This is an outstanding achievement and we are so very grateful.**



Olivia was inspired to be a hospice hero after her Nana, Maureen, was cared for by Beaumont House. Olivia's Mum & Dad, Louise & Lee, suggested that she did 100 sums or 100 spellings, but Olivia was determined that she wanted to take on a bigger challenge in memory of her Nana and decided to swim 100 lengths of a 17-metre pool!

Olivia was unfortunately diagnosed with Type 1 Diabetes a year ago, putting this challenge on a much bigger scale. The plan was for Olivia to swim a few lengths at a time after her swimming lessons, but she did much better than that and did the whole challenge in one go! This resulted in a double achievement for Olivia as she also gained her 1500 metre swimming badge from her swim school at the same time.



Louise says "Olivia wanted to be a Hospice Hero in memory of her Nana (my Mum) who was looked after so well by the team at Beaumont House.



Our family and friends know how much Beaumont House helped, not only my Mum, but also us as a family.

We never expected to raise such a huge amount. We are so very proud of Olivia for doing this and we know her Nana would be extremely proud of her achievement.

**We are also very grateful to everyone who donated. Beaumont House offered such amazing care and support to our family at such a difficult time in our lives. We are pleased that we could raise such a big amount of money for this well deserving charity.**



Olivia's page is still open to anyone who may wish to make a donation [www.justgiving.com/fundraising/Olivia-Lambert0919](http://www.justgiving.com/fundraising/Olivia-Lambert0919)

## Do you know anyone who might like to be a Hospice Hero?

We are looking for heroes to raise £100 for Beaumont House by March 2022 by doing a 100 challenge or any fundraising you wish.

Some fun challenge ideas include:

- Bake and sell 100 cakes
- Read 100 books
- Bike 100 miles
- Collect 100 coins

For more ideas and to register, please visit [www.beaumonthouse.co.uk/hospice-heroes](http://www.beaumonthouse.co.uk/hospice-heroes) or visit the QR code below:



**All heroes will receive a mini Sunshine Bear and a certificate.**



# A YEAR IN NUMBERS

How we supported the community  
in 2020/21



Beaumont House  
Hospice Care

**992 nights**  
of  
**in-patient**  
care

**46**  
**benefits**  
**advice**  
**sessions**

**4382** hours  
of hospice  
at home and  
telephone  
support to  
**236** patients

Caring for  
around – **378**  
patients in  
**2020**, with  
around **139**  
at any one

**227**  
**episodes of**  
**bereavement**  
**support**

**1859**  
**episodes of**  
**day therapy,**  
**supporting**  
**121** patients

**242**  
**newly**  
**registered**  
**patients**  
**and carers**



Personalised care for you and your family,  
when every moment matters.



# Sky Dive

Saturday 7<sup>th</sup> May 2022, Langar Airfield



## Calling all daredevils!

Are you looking for a challenge, or would you like to support your local hospice whilst doing something fun?

Here is your answer! Why not sign up to our Sky Dive or Wing Walk (or both) and tick something off your bucket list whilst raising much needed funds for Beaumont House?

To find out more, scan the QR code or visit:  
[www.beaumonthouse.co.uk/events](http://www.beaumonthouse.co.uk/events)



# Wing Walk

Saturday 23<sup>rd</sup> July 2022 - Wickenby

